



Perform'Ice Knee

Hinged Knee Brace with Cold Compression



Indications

- Post-trauma, pre-op or post-op use, ideal for indications requiring support and stabilization of the knee, with optional cold compression.
- General knee pain or swelling due to mild ligament injuries or instabilities, meniscal lesions, patellofemoral pain.
- Postoperative use following knee surgery: arthroscopy, ligament repair, patella repairs, osteotomy, partial or total knee replacement

Cryotherapy & Compression - Therapeutic Benefits

- Localized application of cold therapy & compression helps minimize inflammation, swelling, and pain.
- **Post-traumatic use: RICE Protocol***
 - Cold therapy produces initial vasoconstriction, followed by vasodilatation which, associated with compression and elevation, helps reduce oedema and accelerate healing
- **Post-operative use**
 - Compression & cold therapy applied post-operatively have analgesic and anti-inflammatory properties which help reduce swelling and bleeding

* RICE : Rest, Ice, Elevation, Compression

Features & Benefits

Optimal Comfort

- Wraparound Structure for ease of application
- Cuff & Ice Pack conform to patient anatomy

Bilateral Hinges

- Removable aluminium polycentric hinges
- Provide medial/lateral stabilisation to unstable knee joint
- Can be removed when treatment only requires cold therapy and compression

Perform'Ice

Cold Compression Knee Brace

- Delivered with 2 Ice Packs, to keep 1 pack ahead in the freezer
- After 4 hours in the freezer, Ice Pack provides 20 to 30 minutes of cold therapy
- Ice Pack gel stays malleable to contour the patient's anatomy
- Ice Pack has a soft covering for patient comfort



Cryotherapy & Compression

The Knee brace contains:

- **2 x Ice Packs**, for localized external application of cold therapy
- **1 x Inflatable Cuff** to add a compressive effect to cold therapy treatment
- **1 x Manual Pump** to adjust compression level
- **2 x Removable Polycentric Hinges** for medial / lateral support
- **1 x Freezer Hygiene Polybag** with patient ID

Ease of Application

- Knee brace is easy to apply with 2 contact-closure straps
- Straps help adjust brace to a snug fit
- XL delivered with additional extension straps

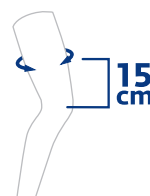
Fit Left or Right knee

- Available in 2 sizes (Standard & XL)
- Brace height: 33 cm

ORDERING INFORMATION

Part Numbers	Description	Size	Thigh Circumference	
82-0015	Perform'Ice Knee	Standard	33 cm - 60 cm	13" - 23½"
82-0020	Perform'Ice Knee	XL	61 cm - 81 cm	23½" - 32"

*Measure thigh circumference 15 cm (6") above centre of patella



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